



**30**  
January

**FREE Public Talk**

**06:00-07:15PM**

**Professor Michele Hu**

Lecture Theatre, Rewley House, 1  
Wellington Square, Oxford OX1 2JA

# How can sleep point the way to better Parkinson's care?

Professor Michele Hu, Consultant Neurologist and Professor of Clinical Neurosciences, Nuffield Department of Clinical Neurosciences, University of Oxford, explains how research has shown that people with REM sleep behaviour disorder often go on to develop Parkinson's. By identifying the warning signs early – and potentially treating them – can we intervene to offer Parkinson's patients and their families a better quality of life?

**FREE entry, no booking required.** Refreshments at 5.40pm for a 6pm start.

For more information, please contact  
[OBRcenquiries@ouh.nhs.uk](mailto:OBRcenquiries@ouh.nhs.uk) or scan the QR code.

